The challenge for pupils is:

**How can we reduce loneliness and isolation in schools?**

We want you to lead a group of pupils and encourage them to produce a short written summary of their idea to tackle loneliness and isolation in schools. All ideas are welcomed, and pupils are encouraged to think creatively and imaginatively to address the issue.

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**Submission Deadline**
The Schools Design Challenge entries should be submitted on **Friday 6 December**. Pupil summary sheets will need to be scanned and returned as a PDF file/photo by this date.

**Invitation**
By **Monday 16 December** the selected teams will be invited to take part in the Design Jam.

**Design Jam**
Design Jams will take place in V&A Dundee and two other locations in January or February 2020, once dates are confirmed selected teams will be informed.

**Filmmaker**
March 2020 — A filmmaker will then come to work with the teams in their school and make individual films of their ideas.

**Exhibition**
May 2020 — V&A Dundee
The following will help your discussions get started:

**Explore**

**Think about the following and start chatting:**

**WHAT IF...**

› You could re-imagine places and spaces to help reduce loneliness and isolation for young people?
› You considered how social media plays a part in this – does it help or hinder it?
› Your communities played a role in helping to tackle loneliness, what would that look like?
› You could make everyone in your school feel included and valued?

**Speak to other pupils in your group; ask them if they’ve ever felt lonely or isolated at school.**

› What could you do to improve things in your own school?
› What would they like to see happen to tackle loneliness and isolation?

How people feel about things and use things is an important part of the design process and will help you move onto the next stage.

Remember some people might be reluctant to talk about their feelings publicly and may need support afterwards. Always treat information confidentially and don’t name people without their consent. Ensure adequate support is available and offered to those who need it. Advice can be found in your school, as well as from the organisations linked at the end of this document.

**Imagine**

**Use the mind map and encourage pupils to be open to all ideas. Listen and record everything on the mind map – this can be used later.**

Their imagination has run wild and they’ve got a lot of great ideas. Use the mind map to capture all of them – don’t rule anything out!

What different ideas for change have they come up with?
What happens next?
Your completed forms must be returned digitally to V&A Dundee by Friday 6 December.

A panel of experts will then select the ideas to take forward to the next stage, the Design Jam. The Design Jam is where the chosen teams will work with designers to develop their ideas. This will take place in January or February 2020. We'll let you know if a team from your school has been selected to come along to the Design Jam.

The selected teams will then work with a filmmaker in school to make individual films of their ideas. The films will be exhibited to the public in May 2020. More details and information to follow in due course.

Useful Links/Websites:
www.designkit.org/methods
www.dfcworld.com/SITE
www.feelingstrong.co.uk/
www.actionforchildren.org.uk

Develop
Encourage discussion amongst the pupils, get them to think critically about the different ideas. What does and doesn’t work?

Listen to all the options and take them on board. This is the best way to test and develop a final idea. What works, and what doesn’t? Now, as a group, ask them to discuss and agree on a way forward.

Solve
The pupils must now fill in the summary sheet. Please make sure they fill out all the details and include their names, class, teacher, school details and local authority. They should be scanned or photographed in a good, readable quality and emailed to schoolsdesignchallenge@vandadundee.org by Friday 6 December.

What’s the idea?
Ask the pupils to make a decision and write all the details on the summary sheet.