Hemming a pair of jeans

We are all different shapes and sizes. Lots of people struggle to find jeans that are the perfect length, but you can adjust this yourself with the right skills.

What you need:

- Measuring tape
- Sewing pins
- Needle
- Tailor's chalk
- Thread
- Iron
- Blind-hem stitch

Hint: Don't just hold up your jeans to gauge the size of the adjustment needed. For the most accurate measurement you must try them on!
1. Put on the jeans and have a friend help you to fold and pin the bottom edge of each leg to your desired length.

2. Take off the jeans. Measure the cuff you’ve created to the fold and make a note. Remove the pins and unfold.

3. Use the measurement from Step 2 to measure up from the bottom edge of the jean and draw a line all round with tailor’s chalk.

4. Add 2-3cm to the measurement you took and use tailor’s chalk to mark this as a second line above the first.

5. Insert a row of straight pins along the length of the second line.

6. Fold the bottom edge of the jean leg up to the second line and insert a second row of pins. Attach them vertically around the folded hem to hold it in place. Be careful not to pin the leg shut. Fix with an iron.

7. Thread a heavy-duty needle with thread that matches the jeans. Tie a knot at the end of the thread and insert the needle just below the original hem line from the back side.

8. Using a blind-hem stitch, sew directly under the original seam and continue around the entire trouser leg.

9. Tuck the folded hem inside the trouser leg.

10. Repeat steps 2-9 for the other trouser leg. Remove all pins and fix with an iron.